



Parent Communication Network



Edina Parent Communication Network  
Quarterly Newsletter

**January 2007**

## PCN Calendar

### **Friendship; to Dating;**

A Parent's Guide  
January 22, 2007

### NATIONAL SPEAKER FORUM

#### ***Parenting Our Children Through Today's Social Challenges***

#### ***How We Are the Solution Not the Problem in Our Children's Lives***

*with*  
*James Garbarino, PhD*  
Colonial Church  
February 5, 2007  
7:00-9:00 PM

### **Kindness and Respect: Bringing the Message Home**

March 19, 2007

### **Transition to Kindergarten**

April 23, 2007

*PCN National Speaker Forum Tickets Available Now*

*Ticket information available on page 3 of this newsletter.*

## **PCN National Speaker James Garbarino, PhD**

### **Parenting Our Children Through Today's Social Challenges How We Are the Solution Not the Problem in Our Children's Lives**

The recent violence in schools around the nation is yet another reminder of the social challenges of parenting in today's world. This year's national speaker, Dr. James Garbarino, a leading authority in child development and youth violence out of Loyola University in Chicago, has studied how influential events that occur in society shape the way we raise our kids. Growing up without a healthy social environment threatens the development of identity, competence, moral reasoning, hope and trust. So how do we fortify our kids, protect their childhood and allow them to thrive despite the challenges of today's world?

Dr. Garbarino will share his ideas about parenting through challenges such as increased media exposure and violence, over-scheduling, etc., in ways that will lead to a positive path, developing well-anchored children who will grow into healthy adults who will make positive contributions to our world and future generations.

Visit our website at [www.edinapcn.com](http://www.edinapcn.com)

## Upcoming Forum

Friendships to Dating:  
A Parent's Guide  
with Heather Flies  
January 22, 2007  
7:00-9:00 PM  
Southview Middle School

**What is a parent's role in supporting children's social relationships?** Heather Flies, Youth Advisor and member of Youth Specialties CORE Training, will discuss:

- Encouraging healthy friendships and dating relationships
- Making the transition from arranging play dates to dating
- A parents role in the transition from friendships to dating
- Deciding how and when to intervene in our children's social lives

## Upcoming Forum

Kindness and Respect: Bringing the  
Message Home  
with Joe Cavanaugh  
March 19, 2007  
7:00-9:00 PM Normandale

Joe Cavanaugh, CEO and Founder of Youth Frontiers, Inc., will share with parents and community members the message he gives our children in school retreats. Using a shared language we will be able to take Joe's message into our home and community. Together we will be able to help our children develop the courage to act in a kind, respectful manner in all parts of their lives. The goal is to help children cope with bullying and unkind behavior by giving them the tools to rise above participation in these disrespectful actions. Together as parents, school and community we can work to foster children's ability to create and maintain 'healthy' friendships and relationships with both peers and adults.

Joe is a parent and community member with over 25 years experience in the field.

## Edina Family Center News

### WORKSHOPS:

**Parenting in a Divorced and/or Blended Family** February 15, 2007; 6:30-8:00 PM;  
**Childcare will be available.** Taught by Laurie Denn MA and Jean Breitenbucher LP

**Discipline "Q and A"** February 26, 2007;  
7:00-9:00 PM Taught by Jean Breitenbucher LP

**7 Worst Things Good Parents Do**  
March 8, 2007; 7:00-9:00 PM  
Taught by Laurie Denn MA

Fee: \$15/Individual \$25/Twosome  
To register call 952-848-3949  
Location: Edina Community Center, Room 350

### ONCE-A-MONTH PARENT CLASSES:

Join us for our remaining once-a-month K-12 parent education classes. Whether you can join us for the remainder of the year or only one session, call 952-848-3973. Fees will be prorated.

**Parenting Your Kindergartner:** Jan 18, Feb 15, Mar 15, Apr 19 10:00-11:30 AM or 1:00-2:30 PM

**Parenting the 1st-2nd Grader:** Jan 9, Feb 13, Mar 13, Apr 10, May 8 1:00-2:30 PM

**Parenting the 3rd-5th Grader:** Jan 16, Feb 20, Mar 20, Apr 24, May 15 1:00-2:30 PM

**Parenting the 6th-9th Grader (Southview):** Jan 10, Feb 7, Mar 7, Apr 11, May 16 12:00-1:30 PM

**Parenting the 6th-9th Grader (Valley View):** Jan 11, Feb 8, Mar 8, Apr 12, May 17 11:30-1:00 PM

**Parenting Your High Schooler:** Jan 17, Feb 14, Mar 14, Apr 18 11:30-1:00 PM

# James Garbarino, PhD

## Parenting Our Children Through Today's Social Challenges

### *How We Are the Solution Not the Problem in Our Children's Lives*

Dr. Garbarino is recognized as a leading authority on child development and youth violence.



- The recipient of numerous national awards in recognition of his efforts from organizations such as: National Association of School Psychologist, the Kellogg Foundation and the American Academy of Pediatrics.
- He has authored/co-authored over twenty books including the bestsellers *Lost Boys*, *See Jane Hit* and *What Children Can Tell Us*.
- Currently holds the Maude C. Clarke Chair in Humanistic Psychology at Loyola University Chicago. Previously was Professor of Human Development and Co-Director of the Family Live Development Center at Cornell University, Ithaca, New York.
- Dr. Garbarino has served as consultant to a wide range of organizations,

including the National Committee to Prevent Child Abuse, the National Institute for Mental Health, the American Medical Association, and the FBI. He is a Leader of missions for UNICEF to assess the impact of the Gulf War on children.

Monday  
Feb. 5, 2007  
7-9 PM  
Colonial Church  
6200 Colonial Way  
Edina

#### Tickets available 3 ways!

1. At [www.edinapcn.com](http://www.edinapcn.com)
  2. From your school PCN liaison
  3. Mail-in registration form available below and at your school office
- Tickets: \$12 in advance    \$15 at the door



Parent Communication Network

*“Dr. Garbarino is an excellent speaker with an important message”*

-Dr. David Walsh

National Institute of Media and the Family

## MAIL IN REGISTRATION FORM

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

Number of tickets requested: \_\_\_\_\_

Check enclosed in the amount of \$ \_\_\_\_\_  
\$12.00 per person (\$15 .00 at the door)

Make checks payable to Edina PCN.

Please submit this registration form to:

PCN Tickets            5701 Normandale Road

Edina, MN 55424-1530

## November Forum Highlights

### Parenting the Internet User: When On-Line is Out of Line (November forum)

The second Edina PCN forum of the 2006-2007 season, "Parenting the Internet User," was a sobering look at what can happen when there is little parental oversight and unlimited access to technology. Jeff Gottstein, a St. Paul police officer and technology expert, gave numerous examples of how child molesters and child pornographers find victims via the internet. He showed a disturbing video depicting how the internet has offered the pornography industry easy access to pictures and instantaneous distribution. According to Mr. Gottstein, it is difficult to prosecute crimes on the internet. It is far easier to keep your children safe by smart use of the internet.

The following family guidelines were suggested by Officer Gottstein:

- No computers in bedrooms—access in common areas only.
- Children must supply all passwords and ID's to parents at all times. Only parents can add a friend to a myspace friend list.
- No clicking off a website when a parent enters the room.
- Let children know that you are checking website activity (and do it *without* them knowing how). {Note: to check website history log on under your child's ID and click on the history icon. It will list all websites that your child has visited in the last month. For more oversight you can purchase Spectorsoft or Tattletale which will show in detail your child's computer activity, including websites, chat rooms, email and instant messaging.}
- Let children know that when they click on a website—it is never anonymous.
- Web Pages often put spy ware on your computer which can bring a virus back or at the very least will track all the other websites that you enter. {Note: all computers should have anti-viral and anti-spy ware protection such as Norton Security.}

Children have difficulty understanding that "people" may not be who they appear to be on the internet. They may assume a preteen or teenager identity and use age appropriate language. Children should be taught to not give any personal information such as: name, address, phone numbers, school, church, work place, malls near their home, height, weight, photos or any other private information. Never put anything on the web that you would not let the whole world know. If a child receives a message that makes him or her uncomfortable, they should know that it is not their fault and they should show it to their parent.

Parents who are concerned about their child's use of the internet should look for the following possible red flags:

- Are your child's grades falling?
- Are they on the computer for increasing amounts of time?
- Do they refer to friends that you have never met?
- Did they receive a web cam or digital camera from a friend?

These may be signs that they have an inappropriate relationship with someone on the internet. If you suspect there is a problem, you may contact your local police department. There is usually an officer who is familiar with the internet. Other web sites to access for more information:

[www.MiCAC@ci.stpaul.com](mailto:www.MiCAC@ci.stpaul.com)  
[www.NetSafeKids.org](http://www.NetSafeKids.org)

[www.NCMEC.org](http://www.NCMEC.org)

## PCN School Liaisons

### Concord Elementary

Beth Webert 929.4226  
Sarah Hall 928.9980

### Cornelia Elementary

D'Anne Briggs 935.8333  
Michelle Hellickson 915.9941

### Countryside Elementary

Jayne Tuttle 920.1329  
Carolyn Jackson 836.1770

### Creek Valley Elementary

Cathy Groat 829.0099  
Kelli von Heydekampf 829.0114

### Highlands Elementary

Amy Scott 926.6740  
Kim Boisvert 926.7360

### Normandale Elementary

Ellen Klos 929.4568  
Becky Lindberg 929.0715

### Our Lady of Grace

Mary Buska 945.9429  
Lori Wagener 922.7611

### South View Middle School

Teresa Luterbach 926.1991  
Theresa Bruncker 925.2685

### Valley View Middle School

Barb Hatch 944.1343  
Kristi Butterfield 929.8233

### Edina High School

Mary Peterson 929.0747  
Amy Rich 238.0812

For general questions or feedback, please contact:

Liz Abt Ellenberger  
PCN President  
952-927-0698

Email:  
contact@edinapcn.com

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This newsletter and more information about PCN can be found at [www.edinapcn.com](http://www.edinapcn.com)