



Parent Communication Network

Edina PCN *ewsline*



Edina Parent Communication Network
Quarterly Newsletter

Winter Issue 2009

National Speaker, Feb 2, 2009

Rethinking Discipline: Fostering Your Child's Inner Motivation

Last winter, Diane Gossen came from her home in Saskatchewan, Canada to Edina to do some training with Highlands Elementary staff. Parents were invited to come that evening to meet her and hear her speak. Everyone, including Principal Peter Hodne, was surprised when the gymnasium was overflowing with curious parents who had heard bits and pieces of Gossen's messages through their child's teachers and were very, very curious.

This caught the attention of Edina PCN's Curriculum Committee as we searched for the roster of speakers for the 2008-09 school year. Gossen came back in June for an in-service training with the staff at South View Middle School. Her concepts of developing self-discipline, personal responsibility and inner motivation were catching the attention of our very talented Edina educators.

While Gossen has extensive background in educator training, she has also written a book for parents titled: *My Child is a Pleasure* which uses her same guiding principals of discipline and applies them to a home environment. Diane Gossen ultimately landed at the top of our list of national speaker candidates. By featuring Gossen as our national speaker, PCN believes it is fulfilling its mission to provide a compelling forum for both families and educators in our community. At the same time, we are offering a dialogue about relevant and timely topics. Linking parents to the concepts of discipline used in our schools strengthens our community.

Many Edina educators and administrators, including Superintendent Ric Dressen, see the value and benefits of staff and parents hearing Gossen's message; understanding how discipline is handled at school can influence how discipline is reinforced at home. Gossen's concepts have "already proven to be extremely valuable to us as a staff and to many of us who are parents, too" said Principal Rick Sansted of Concord Elementary.

We hope you take advantage of this wonderful opportunity to hear Diane Gossen's ideas. We feel confident this will be both time and money well spent. As Paul Andress, South View's 8th and 9th grade Counselor describes Gossen's approach to discipline, "It is not only sound practice, it is a life philosophy about how we treat others – applicable to child rearing, partner relationships, work relationships and even our relationships with ourselves. I highly recommend it!"

PCN Calendar

NATIONAL SPEAKER Rethinking Discipline: Fostering Your Child's Inner Motivation

Diane Gossen, M.Ed.
Feb. 2, 2009, 7-9 PM

Edina Performing Arts Center, EHS

Teens and Chemical Use Prevention

Scott Washburn, M.A., L.A.D.C.
Mar. 23, 2009, 7-9 PM
South View Middle School

Transition to Kindergarten

Apr. 13, 2009, 7-9 PM
Edina Community Center
Room 350

Keeping Pace in an Online World

Erin Walsh, B.A.
Apr. 20, 2009, 7-9 PM
Our Lady of Grace Church

To download these dates to your
pc/mac/pda, go to www.edinapcn.com

Spring Forums

Teens and Chemical Use Prevention

Scott Washburn, M.A., L.A.D.C.

March 23

South View Middle School

7:00-9:00 p.m.

Target Audience: Upper Elementary, Middle and High School

Hear real-life scenarios not only from a licensed alcohol and drug counselor, but from a panel of guest students from Minnetonka who have insight into chemical use prevention. Learn some tips about how to handle the “teachable moments” and strategies for what works to help teens navigate through the challenges. Included will be Edina-specific results of the 2007 Minnesota Student Survey on the subject of drugs and alcohol. Scott Washburn works with the STEP UP program of Augsburg College.

April 20

Keeping Pace in an Online World

Erin Walsh, B.A.

Our Lady of Grace, Grace Room

7:00-9:00 p.m.

You may not be PCN’s “BFF” (best friend forever), as the text-message shorthand goes, but join us as speaker Erin Walsh from the National Institute on Media and the Family helps us demystify the online and “screen time” world of today. In this presentation, Ms. Walsh will combine the latest discoveries in brain science with up-to-date research and data to explore the power and impact of video games, the Internet and television in shaping norms, attitudes and behaviors of our children. Take advantage of the wonderful opportunities media offer, while helping kids minimize the danger and risk. Ms. Walsh is architect of the MediaWise movement.



Edina Family Center

Register on-line at www.edinacommunityed.org/familycenter

Or call 952-848-3949 CEUs available

Openings still available

Baby & Me Class **Fridays, 1:00 to 2:00 p.m.**

Beginning March 4 for infants born after October 1, 2008.

Night Owls Class **Tuesdays, 6:15 to 7:45 pm**

Beginning February 5 for families with children 1 to 5 years old.

Dad’s Class **Tuesdays 6:15 to 7:45 p.m.**

It’s So Easy: Parents as Sexuality Educators Workshop **March 5, 7:00 to 9:00 p.m.**

For parents of children 5 to 12 years old. Taught by Kris Shelley, M.A., Licensed Parent Educator. Fee is \$15 individual/\$25 twosome. Registration is required.

BEYOND ECFE School Age Parenting Classes

If you have a child in elementary, middle or high school, you may be wondering where to find answers to your “new” parenting concerns. The Edina Family Center is proud to offer classes to meet your needs. **Beyond ECFE** classes will meet monthly or several times a year either at the Edina Community Center or an Edina school. A licensed parent educator will guide the discussion and provide information based on research and knowledge of child development and family education. Group discussion allows parents to share their challenges, experience and wisdom.



Parent Communication Network

Edina PCN

Proudly Presents

Diane Gossen, M.Ed.

Rethinking Discipline: Fostering Your Child's Inner Motivation

Monday, February 2, 2009 7-9 PM

Edina Performing Art Center, Edina High School

TICKET REGISTRATION FORM

TO PURCHASE TICKETS:

1. Fill out the form below.
2. Mail in to PCN.
3. Tickets will be sent to you within 2 weeks.

Questions? Contact tickets@edinapcn.com

Tickets:

\$15 in advance

\$20 at the door

Scholarships are available—contact
your school social worker

ORDER FORM MUST BE MAILED NO LATER THAN JANUARY 26, 2009

Name: _____

Address: _____

Phone: _____ email: _____

Number of Tickets @ \$15/ticket: _____ Total Submitted: _____

Make checks payable to Edina PCN.

**Mail to: Edina PCN, 5701 Normandale, Edina, MN 55424
Attention: Ticket Coordinator**

OFFICE USE ONLY

Date Received: _____

Date Tickets Sent: _____

Ticket #: _____

BEYOND ECFE
Book Studies



My Child is a Pleasure
Diane Gossen

with Laurie Denn M. A. and
 Kris Shelley M.A.

**December 8, 2008 &
 January 12, 2009**

6:00-8:00 PM ECC Room 350

Child care will be available for a small fee

This is an EFC Advisory Council
 Sponsored **FREE** Event

NOTE: Ms. Gossen will be the National
 Speaker for PCN on February 2, 2009
 Join us to discuss her book and then
 join the Edina Community to hear
 her forum titled:

**Rethinking Discipline—Fostering Your
 Child's Inner Motivation**

Register on-line at :

www.edinacommunityed.org/familycenter
 or call 952-848-3949



Edina Family Center is a Community Education Service of Edina Public Schools

PCN School Liaisons

Concord Elementary

Peggy Jessen 924-0276
 Laura Lee 922-4434

Cornelia Elementary

Michele Hellickson 915-9941
 Ann Hilali 922-9392

Countryside Elementary

Tina Bohrer 926-6934

Creek Valley Elementary

Kristen Walkup 944-2533
 Marlo Rice 943-0951

Highlands Elementary

Beth Heming 926-6264
 Betsy Pfeifer 922-2898

Normandale Elementary

Kirsten Rewey 926-4884
 Heidi Wennen 928-9887

Our Lady of Grace

Lori Wagener 922-7611
 Amy Pumarlo 929-9660

South View Middle School

Beth Webert 929-4226
 Liz Abt Ellenberger 927-0698

Valley View Middle School

Kelly Jasper 926-2626
 Laurie Sawatzky 926-7203

Edina High School

Jayne Tuttle 920-1329
 Esperanza Stefanik 451-0600

ECFE Liaison

Stacy Thiele 612-928-9931

For general questions or feedback,
 please contact:

Leah Lindgren
 PCN President
 952-924-4153

Email: contact@edinapcn.com

PCN Board 2008-2009

| | |
|--------------------------------|----------------------|
| President | Leah Lindgren |
| President Elect | Kelli von Heydekampf |
| Past President | Theresa Bruncker |
| Secretary | Carolyn Jackson |
| Treasurer | Liz Abt Ellenberger |
| Marketing/Communications Chair | Katy Campbell |
| Curriculum Chair | Rebecca Lindberg |
| National Speaker Co-Chairs | Angela Lee |
| | Kim Boisvert |
| | Cathy Groat |
| Operations Chair | Kristen Walkup |
| Research Coordinator | Susan Lussy |
| ECFE Staff Liaison | Kris Shelley |